

Biodiverse Food Study, Panama : Primary Forest

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Integrative Agricultural Sciences for Better Nutrition

Biodiverse Food Study Panama

An Ultimate Relationship with Primary Forest UNFAO-Abstract

Abstract : The primary forest is currently seen as an obstacle to modern agriculture which is our biggest mistake. Rather than a prideful replacement of this extremely valuable element of sustainability, an integrated method of agriculture and relationship with the primary forest would both yield a sustainable ecological system and a higher knowledge of our overall ecology in addition to fulfill our divine potential of dynamic combination science - an opposite of monoculture, we can call nature's model. Today's alternative agriculturists most close the groove in playback I am referring to call this diverse natural model of agriculture; 'permaculture.' The testable dynamics of this type of man-designated, diverse, nature-modeled agriculture were more intensely described in Rudolph Steiner's 'Biodynamic Agriculture' text. The potential I would like to point out I have called many times in the past 'Guerilla Permaculture,' and I think at this time it's best to perform this in primary forest in lands not owned by anyone. This provides the model for truly natural improvements to the god-given ecology in which we can become our absolute strongest. Essentially should we take a larger percentage populous role in the ecology, and in integrating food more into ecology /integrating more ecology into food not only will we improve planetary conditions, but also our own health and evolutionary pathway. Methods : Food Foresting, ecological testing, and experimentation in food preparations will surely take time to learn and is a more advanced science than accounting or waiting tables but it is well within our ability to learn over time. Canvass and training resources are free and unlimited. Integrated living in nature, camping, scouting programs, and interest clubs can be great starting places being the current cultural separation is such a vast one. I also think the genre of work is perfect for the previously troubled or even criminal elements and it is a great way to pay a debt to society to improve the world ecology. Freedom over practice is easy to afford and best for results as each individual ecologist can yield fingerprint different results and integratively through digital communications share his results and what worked well. Modern agriculturists and ecologists have not yet reproduced (chinampas) ancient floating aquaponics or (terepeta) ancient fast yield optimum soils that we know we once produced as a thriving culture of sustainable humans. Now is the time to really explore optimum health and ecological support. Results : Here in Panama, Costa Rica & Colombia over the last decade I have studied Permacultures, primary forests, and diverse ecological and agricultural operations throughout the region. I have had the pleasure to work with super-stars who can maintain 7 hectares as one person, and collectives who have been able to cultivate incredibly impressive diversities of all-natural nutrition and livelihood that I believe if the rest of the world could see would be motivated towards sustainable integration easily. Diets of 60 to 120 different daily species

ingestion are far superior for health and performance than any other model presented or discussed today.

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