**Nutritional Diversity** is a revolutionary science of nurturing and optimizing the human organism. It is a revolutionary way of taking nutrients into the system, a revolutionary way of thinking and a revolutionary way of life.

If it is personal revolution, or family / communal revolution that is being searched - it has now been found in the Nutritional Diversity studies.

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**Guerrilla Bee & Permaculture**

*Revision 1. September 3, 2018*

The Guerrilla Permaculturist is the REAL defender of life, health, freedom and thrive-ability for ALL.

The Guerrilla Permaculturist is disguised as a plant student, hiker, park ranger or gardener. Disguises are only necessary for our time, and for him or her, they come naturally with no need to focus on them. The hives and other installments however likely need a good bit of energy put into their disguise.

Studying the Incan trails, and how supply and rest stations were placed throughout, and how they were lined with food plants, and how those foods that likely remain today because of this practice points the basic idea that we should be utilizing accesses to nature, and nature's borders for planting things we like and use more. Studying how the Chaski runners delivered messages from southern Chile to northern Peru by foot in a Pony Express type of organized relay points out the sustainability and functionality that this type of resourcefulness provides. I mean, just imagine now you could pull of the road anywhere to find fruit trees lining all of the highways. A country like this would be a rich country.

Unfortunately, the entire planet is organized into big sections each with corporate or government controls, management and progress, which ultimately produces a stupid, evolution prohibiting system of greed and corruption in each section. Humans and nature both suffer greatly because of these management systems. As Buckminster Fuller and many others have explained we must replace this system, and not try to fix it within. Either by mistake or negative influence, we have gone far down many negative roads and tracks and stopping the train of modern human culture that is growing so fast it's nuclear, is a great challenge for human kind – possibly our greatest, and if we fail we will kill this planet ourselves and our children. It is important to see that nature is the reason we live, without it we die. In true Guerrilla fashion spread this word at the ground level.

I plan to do this on mountain bikes, off road motorcycles, and maybe horses. There are many ways I can think of also that would be fun such as using the one or two manned flying aircraft known today as a “trike,” in which case a series of small fields with peanut or crab grass narrow runways could be access points to Guerilla Permacultures.

In true permaculture spirit, of doing more than one thing with each move, I will do a video documentary of my adventure that won't reveal any actual locations. I encourage other guerrillas to do the same so that the information can become shared, or even nuclear with the potential of their influence as videos or current events in our social culture.

Metaphysical arguments and importance, only make the person presenting them or pointing them out loose credibility in modern culture. Guerrilla Gardening, Permaculture & Bee Keeping is similarly unacceptable subject matter. This is a new world of exploration and establishment. This is a new layer
of survival, sustainability, ecological support, and nurturing to an Earth badly beaten by interesting mistakes. Here there is no law, except the law of the jungle. In this purpose metaphysical energies are real and powerful and this system makes the attempt to employ advantages from this realm of energy science using principles from a well tested model known as Bio-dynamic Agriculture, by Rudolph Steiner and other Native American principles mainly from the region of New Mexico.

While we are all so busy owning things and owning land that is ours cause we or another human made it that way – what we are actually doing is causing that land in whatever degree to become less nutritious, less happy, less well, less healthy and in so we go against the natural flow of things. While all this ownership goes on, the Guerrilla Gardner see's no owner and seeks land not owned. He understands that all lands and seas and airs and life are gifts from God, and no matter how many flags we stick in the skin of this earth we don't own it and are privileged to be here. This person is in harmony with nature, and is the pro-creator, the creative propagator, the really Holy man anointed in and by nature and forces of intelligence much higher and much older than the young human evolution, here on this planet who most modern humans are never aware of never see, and would never relate to. If only for the times this Guerrilla is on his Guerrilla trail, in these moments, this is who he or she is, and the work is Holy.

I have said this in every text so far: Permaculture is revolution, and I would know what revolution is and what it is to revolt. This particular revolution is a sanctioned one. It is sanctioned by God, by nature, by the needs of nature and our life cycle. This permaculture revolution whether by Guerrilla method or not is sanctioned by our existence, and is a motion in the right direction for our continued one.

Once again and so many times throughout human history this revolution is against over oppressive mechanized forces built up over many generations. Because of being outnumbered, and in hopes to stop an already rolling large ball; a doable strategy calls for a more guerrilla approach (once again!).

For these reasons and others, Guerrilla Permaculture will be employed by Angel and his Angel's and because modern agriculture is taking out the bee's, natures best medicine, the honey and - our Angelic tribe is into liquid gold pretty heavy; bee's will be a big part of it.

**Trail Making**

Essentially this is a system of making trails, and placing intentional cultivation sites along them. Depending on terrain, trails can be made by the planting of certain plants along the trails, marking by GPS coordinates and maps, or other creative markers.

Concerns about this initially are firstly that in America your not aloud to bring in species to parks, or bring out species, people are not aloud to do much. In the States and other territories like this there is a more important need for this Guerrilla Permaculture practice, than in free-er sections such as The Republic of Panama at the time that I write this here now (September 2018). Ultimately, for a variety of reasons, installations in nature of bee's and permaculture sites should be disguised, hidden, and off of the beaten pathways as much as possible.

Bee's act as security, both to people and to other predators of any of the installed goodies whatever they may be.
Planting particular plants not obvious or attractive as trail markers is a good practice. I have selected citronella grass, and the naturally occurring pagonia. The pagonia is common and everywhere and so I will select mostly marker points where they exist already and if not propagate it. The citronella grass is not out there at all really but looks exactly like the grass that is out there, and if found by examination would be assumed the result of birds from a neighboring farm or some kind of planting like that. I also may use every other marker in the distance the vanilla vine. I will be making these markers 20 feet apart and logging them on my treasure map so that my loved ones can find them in my physical absence. The citronella may or may not cut down on mosquito exposure for the Nutritional Guerrila also dogs can be easily trained to find it.

First round of the trail blaze I will make a few compost piles, install hidden log hives, plant marker plants and make my treasure map. Ideally I would blaze my trail deeper and deeper into nature and further and further from roads or paths that are used. As I cut through (if needed) I will go slow each step of the way thanking and apologizing to nature, asking her permission and guidance to proceed. Bamboo or another good border plant can commence this run, depending on how much can be brought while bringing the prefabricated, disguised hives. Having the bee hives first on the trail could mean more security (depending on class of bee used) for the trail, and as long as the disguise for the is well done they should not get stolen by other bee folks. Establishing the first hive will be at a minimum of 1000 feet off any established pathway. The first hive dropped would be the biggest most aggressive bee such as the Africanized Bee to serve as best security on pathway, because of weight and honey volume at harvest and to maintain then maybe a few Vergencita Melepona or other small bee with smaller hives to continue on with in the deeper depths of your trail..

Machete and hatchet chopping is standard for getting through the thick, and fire can be employed in trail making. Chemicals outside of turpentine and kerosene for the fires should NOT be used AT ALL. Keep in mind fire control, your terrain, and smoke attracting other human attention. Here in the Jungle of Panama, fire can be employed without much risk of spread, whereas in the California mountains, the risk is much greater, but the is much more open and the need to employ the fire is much less.

**Installations**

Tree Y planting can also commence by seed, and using rope (maybe the rope used to carry the hives) or wood and other materials from around the trail. Tree Y planting could be considered in certain terrains for trail markers and in more open areas maybe only for trail markers as to not give away the location of a site with many valuable things on the ground. If tree Y planting looks as though it is a birds nest creation, if seen, this disguise would deter most continued human interest. Entire guerrilla trails can be planted this way, although these run the risk of baiting a student of nature to inspect them thinking he has found a new specie of bird or tree dweller. Depending on the quality of disguise and the knowledge of such a curious person who may identify the plants growing there to be foreign may or may not determine that the plants and the nest were brought in by a creative human. Should a bee station be coupled with this Y planting, it would make for a more confusion and harder to inspect situation. Tree Y hives, with planting stations above them that drain well and away from the bees, could make for a very prosperous invention. To learn to climb high tree's would also be a huge benefit to the tree Y guerrilla planter.

Wild Mushrooms are an awesome study, and great markers and great crops for the guerrilla
permaculturist. Mushrooms especially the more rare to the grocery store variety, They are attractive and anytime someone sees a cluster of mushrooms they often inspect the site. However how many of the same mushroom needs inspection, I plan to use one or two species only per trail. The search for existing wild mushrooms is also entertaining and to propagate what is already there, is assisting to the nature there. Looking at the way fungi works in nature, lots of every type of natural growth and pollination could be seriously aided by human ignition more so than we understand today. By spreading both bees and fungi's we enable the re-culturing of nature in balance with other human groups and their destruction of it. Certain Fungi has been studied to aid in the digestion of compost, and stomach digestion in mammals. Myco-Plant relations induce accelerated plant growth by increasing the plants absorption of nutrients and essential elements [1]. These plants with the mycorrhizal associations are able to fend off diseases far better than those without this resident mycellium. In fact “most ecologists recognize that a forest's health is directly related to the presence, abundance and variety of mycorrhizal of Fungi is also used and essential to the communication of the greater neural network of all nature, and the study of this today has few pioneers.

Guerilla Permacultures across the globe would effectively enable much more freedom, and separation from the centrally distributed support and control system in which most people have joined with and are now sick of – literally. This type of activity is what we see without an “agricultural” mindset or knowledge from other animals, whereas today humans exist as the only land clearing mammal. Mono culture systems, current diet, pill medicine, are all decisive concepts of and from man, that don't follow nature and arguably do much more damage than good, and not arguably do enough damage that we would like to do a more natural process now. This system of Guerilla Nutrition, could possibly yield the most nutritious produce from species loved by the modern man. This could very well be an ultimate permaculture and nutrition production system. This type of situation could rival modern stupidity in a very strong manner, for example if the sacred hemp crop was re-forrested on this planet to the degree it once was, this could repair global warming, tree logging errors, clothing production errors such as polyester and other plastic microfiber contamination, and is a system that can continuously become smarter and more effective over time. Fuels can be grown, paper crops, rope and clothing crops, food crops, medicines and plants that bird and butterfly pollinators like to attract them to the area to find more plants for propagation are all great considerations for employment in the curing of the planet and the human race system I call Guerilla Permaculture. This system is a perfect endeavor, hobby or even business for the Nutritional Diversifist and his associates. Bio-diverse nutrition after all would live in a biodiversity.

Suggested tools for this trade are:

- Back pack
- Motorcycles
- Bicycles
- Horses
- Shovel
- Rope
- hatchet
- machete
- excellent boots
- antivenom(s)
• first aid kit
• fire making
• smoker
• smoker filler
• shop for making disguised hives

Recommended Reading :

• Nutritional Diversity Guide to Human Optimization : Brandon Eisler
• Bio-dynamic Agriculture : Rudolph Steiner